



**We Listen and Assess Your Needs**  
*Help is a phone call away.*

Life is not always easy for those who are challenged by mental health, substance abuse, trauma, violence or other issues that affect our emotional wellbeing. For the individuals who suffer, and for the family and friends who care about them, times of crisis can be frightening and overwhelming.

That's where the Crisis Connections Team comes in.

We are a service for Delaware County residents whose mission is to listen, assess your needs, help you gain control, and provide connections to needed resources. We're there for you.

## **Mobile Crisis Team**

**Get help wherever you are:**

**855.889.7827**

**We're Listening Wherever You Are**  
*Get help now, at your location.*

If you, or someone else, need immediate help with a mental health or substance abuse issue, Crisis Connections Team Mobile Crisis can come to you. You can call us any time of the day or night, and we will come to any location in Delaware County, whether it is in a home, a school, police station, emergency room or other community setting. Our trained crisis response teams will provide:

**Assessment** – We'll assess the situation, and work to understand the immediate crisis and its causes.

**Intervention** – We'll use brief, therapeutic interventions to stabilize the situation, and to help you or those affected to regain control.

**Referral** – If needed, we'll help you take steps to get immediate help. This could include referrals to outpatient follow up, to a residential inpatient alternative or to an inpatient psychiatric facility.

The Mobile Crisis Teams are culturally diverse and available to help people of all ages including children, adolescents, adults and the elderly.

**We're Listening & Reaching Out**  
*Crisis Prevention*

While our main mission is to provide help and support during times of trouble, Crisis Connections Team is also proactive in helping to prevent crises from happening. We are dedicated to partnering with community groups, educators, law enforcement, medical professionals and others to raise awareness of mental health issues related to psychiatric illness, substance abuse, trauma and violence.

### **Educational Sessions**

Crisis Connections Team professionals can provide community groups with educational sessions targeting mental health issues in general or suicide specific sessions from 1 hour to two days. Our two-day suicide intervention workshop, Applied Suicide Intervention Skills Training (ASIST), is an internationally utilized, evidence-based program developed by LivingWorks that trains anyone to intervene in suicide situations.

### **Community Awareness**

Making community members aware of Crisis Connections Team services and support is vitally important. We are available to present our program to interested groups throughout Delaware County.

**To learn more about Crisis Connections Team outreach programs, email our director at [muehsamjo@elwyn.org](mailto:muehsamjo@elwyn.org)**